# ART AS A VERB WITH HEIDI MAYO heidimayo.com

#### **Materials Lists**

#### FOR BEGINNERS

piece of foam core or drawing board

1" masking tape

extra soft vine charcoal

kneaded eraser

Canson Mi Tientes pastel paper (not white)

a soft rag such as flannel

Faber Castell 72 half-stick box

Terry Ludwig darkest purple V100, green G190, blue B360 and red R179 and a soft white, Sennelier darkest green #179

glassine or newsprint to cover work

# **OPTIONAL STUFF** and *plein air* items

french style easel (cheap at Job Lot)

NuPastels (harder pastels - bottle green)

pastel pencils

latex gloves

blending stumps, colour shapers, foam brush...

view finder or camera

bug spray, sun screen, water bottle

pencil sharpener (Dahle 155)

#### **CLEAN UP**

Lava soap

Oxy Clean

baby wipes

# FOR ADVANCED ARTISTS

Once you're hooked you'll want to have:

Kitty Wallis professional grade White & Belgium Mist, Pasetlmat, UArt 500 grit, and other high grade supports rubbing alcohol & 1" paint brush

paper towels

Terry Ludwig's Intense Darks I and True Lights

Maggie Price's Value Set (Ludwig)

and as you can afford

Maggie Price's Essential Grays (Ludwig)

and all the creamy and wonderful Terry Ludwig, Unision, Sennelier, Schminke, Great American, etc. pastels in the world!

# PASTEL RESOURCES

http://dakotapastels.com

http://www.aswexpress.com

http://www.dickblick.com

http://www.terryludwig.com/

http://www.cheapjoes.com

http://www.pictureframes.com

http://www.framefit.com

### **PASTEL SOCIETIES**

http://www.iapspastel.org

http://www.pastelpainterssocietyofcapecod.com

http://www.pastelsocietyofamerica.org

# RECOMMENDED BOOKS:

Pastels Made Easy by Anne Heywood

Painting with Pastels by Maggie Price Carlson's Guide to Landscape Painting

The Art Spirit by Robert Henri

The Poetic Landscape by Elizabeth Mowry Any and all of Liz Haywood-Sullivan's books